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Via plane  
From the Airport S8 or S1 to Munich Laim.  
Change to S6 direction Tutzing/Starnberg to  
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Via train  
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With the car  
Autobahn A 95 München-Garmisch bis  
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ESC Pre-Congress-Meeting

## Current Problems in Preventive Cardiology

**Chairmen:**  
Prof. Dr. P. Mathes,  
Prof. Dr. M. Halle

Friday August 29, 2008

Hotel "Kaiserin Elisabeth"

Tutzinger Straße 2  
82340 Feldafing



Dear colleagues,

On the occasion of the 25<sup>th</sup> anniversary of the foundation of the working group on Cardiac Rehabilitation ESC we would like to welcome you to a fresh look on actual concepts of Prevention and Rehabilitation in Heart Disease.

Located on the shore of Lake Starnberg south of Munich, Feldafing will allow us to combine the intellectual with some moderate physical exercise while visiting the “Roseninsel” to encourage the personal exchange of different views on current issues.

Having followed the path of “Sissi”, the Bavarian Princess and Empress of Austria, we would like you to join us for a dinner in her favourite location, the Hotel “Kaiserin Elisabeth”, named after her.

Looking forward to seeing you in Feldafing,

Prof. Dr.med.P.Mathes  
FACC, FESC  
Munich Rehabilitation Center  
Carl – Wery – Straße 26  
81739 München

Prof.Dr.med.M.Halle  
Direktor der Präventiven und  
Rehabilitativen Sportmedizin  
Klinikum rechts der Isar  
TU – München

## Program

12.00 – 14.00 Lunch (Buffet)  
Informal Presentations

14.00 – 15.30 Actual Concepts of Exercise in  
Prevention

Chair: M. Halle, München; J. Perk, Oskarshamn

14.00 – 14.05 **Welcome and introduction**  
P. Mathes, München

14.05 – 14.20 **Exercise and progenitor cells**  
G. Schuler, Leipzig

14.20 – 14.35 **Exercise training in stable coronary artery disease**  
R. Hambrecht, Bremen

14.35 – 14.50 **Exercise in heart failure**  
S.Adamopoulos, Athen

14.50 – 15.05 **Exercise in diabetes**  
A. Niebauer, Salzburg

15.05 – 15.20 **Do we still need an exercise test?**  
B. Richartz, München

15.20 – 15.35 **Cardiac imaging vs exercise testing**  
N .Leber, München

15.35 – 16.00 Break

16.00 – 17.30 **Essentials and Deficiencies in Secondary Prevention**

Chair: P.Mathes, München; H.Saner, Bern

16.00 – 16.15 **Are we achieving what we should?**  
D. Wood, London

16.15 – 16.30 **Potential and limitations of dietary intervention**  
H. Gohlke, Bad Krozingen

16.30 – 16.45 **Is it life style or medication?**  
H. Saner, Bern

16.45 – 17.00 **Is the use of stents appropriate?**  
S. Silber, München

17.00 – 17.15 **Exercise in secondary prevention**  
A. Cohen-Solal, Paris

17.15 – 17.30 **Prevention in times of economic restraint**  
N. Oldridge, USA

17.30 – 17.35 **Scientific summary**  
M. Halle, München

17.35 – 18.00 **Adjourn (Individual Discussions)**